

IMI Accreditation

Timesheet for Mediation Training Course

Day	Time (IST)	Module	Course Content
1	9:30 am to 10:00 am	Introductions	Welcoming Candidates/Exercise
1	10:05 am to 11:15 am	Roleplay 1	Roleplay
1	11:45 am to 1:15 pm	Theory of Conflicts	Lecture
1	2:30 pm to 3:30 pm	Mediator's Ethics	Presentation
1	3:45 pm to 5:00 pm	Mediation Stages	Discussion
1	5:30 pm to 6:15 pm	Mediation Contract & Rules	Knowledge Input

Total – 6 hours 10 minutes – 370 minutes

Day	Time (IST)	Module	Course Content
2	9:30 am to 9:45 am	Key learnings for Day 1	Exercise
2	9:45 am to 10:45 am	Practice Mediation Opening Statement	Exercise
2	11:00 am to 12:30 pm	Mediation Past Present and Future	Discussion
2	1:00 pm to 2:00 pm	Skills to Communicate Effectively	Exercise
2	3:00 pm to 4:00 pm	Mediator Skills Part 1	Discussion
2	4:15 pm to 5:15 pm	Roleplay 2 and Coaching	Roleplay and Coaching
2	5:30 pm to 6:30 pm	Roleplay 3 and Coaching	Roleplay and Coaching

Total – 6 hours 45 minutes – 405 minutes

Day	Time (IST)	Module	Course Content
3	9:30 am to 9:45 am	Key learnings for Day 2	Exercise
3	10:00 am to 11:00 am	Negotiation	Discussion
3	11:30 am to 12:30 pm	Mediator Skills Part 2	Discussion
3	1:30 pm to 3:00 pm	Roleplay 4 with Coaching	Roleplay and Coaching
3	3:30 pm to 5:00 pm	Roleplay 5 with Coaching	Roleplay and Coaching
3	5:30 pm to 7:00 pm	Roleplay 6 with debrief and peer feedback	Roleplay and Feedback

Total – 6 hours 30 minutes – 390 minutes

Day	Time (IST)	Module	Course Content
4	9:30 am to 9:45 am	Key learnings for Day 3	Exercise
4	10:00 am to 11:30 am	Roleplay 7 with debrief and peer feedback	Roleplay and Feedback
4	12:00 pm to 1:00 pm	Psychology and Conflict	Discussion
4	1:15 pm to 1:45 pm	Insights & Self Reflection	Exercise
4	2:45 pm to 4:15 pm	Roleplay 8 with Coaching	Roleplay and Coaching
4	4:45 pm to 6:15 pm	Roleplay 9 with Coaching	Roleplay and Coaching

Total – 6 hours 15 minutes – 375 minutes

Day	Time (IST)	Module	Course Content
5	9:30 am to 9:45 am	Key learnings for Day 4	Exercise
	10:00 am to 11:00 am	Navigating through an Impasse	Discussion

YCM Conflict Management and Mediation Initiative

5	11:30 am to 1:00 pm	Roleplay 10 with debrief and peer feedback	Roleplay and Feedback
5	2:00 pm to 3:30 pm	Roleplay 11 with debrief and peer feedback	Roleplay and Feedback
5	4:00 pm to 5:00 pm	Culture and Mediation	Exercise
5	5:15 pm to 6:00 pm	ODR	Discussion
5	6:15 pm to 6:45 pm	Open Discussion	Discussion

Total – 6 hours 30 minutes – 390 minutes

Day	Time (IST)	Module	Course Content
6	9:30 am to 9:45 am	Key learnings for Day 5	Exercise
6	10:00 am to 11:30 am	Roleplay 12 with debrief and peer feedback	Roleplay and Feedback
6	12:00 pm to 1:30 pm	Roleplay 13 with debrief and peer feedback	Roleplay and Feedback
6	2:30 pm to 3:30 pm	Mediation Ambassador Pitch	Exercise
6	3:45 pm to 4:30 pm	Kickstart your Career	Exercise

Total – 5 hours – 300 minutes

Day	Time (IST)	Module	Course Content
7	9:30 am to 9:45 am	Key learnings for Day 6	Discussion
7	11:00 am to 12:30 pm	Assessment 1	Roleplay

Total – 1 hour 45 minutes - 105 minutes

Day	Time (IST)	Module	Course Content
8	11:00 am to 12:30 pm	Assessment 2	Roleplay

Total – 1 hour 30 minutes - 90 minutes

Total: 40 hours 25 minutes (without breaks)

Total Roleplay – 21 hours 10 minutes

Lecturing, Presentation & Knowledge Input – 3 hours 15 minutes

Exercise – 7 hours

Discussion – 9 hours 15 minutes

Percentage wise distribution:

- Lecturing – 3.7%
- Presentation – 2.4%
- Knowledge Input – 1.85%
- Discussion – 22.8%
- Exercise – 17.3%
- Total duration of roleplay – 52.3% (including final assessment)

YCM Conflict Management and Mediation Initiative

India's First Skill Builder & Service Provider For
Dispute Resolution to Dispute Prevention For All



- Roleplay – 2.8%
- Roleplay with Coaching – 19.7%
- Roleplay with Feedback – 22.2%
- Roleplay – Final Assessment – 7.4%

Daily time:

- Day 1 – 6 hours 10 mins
- Day 2 - 6 hours 45 mins
- Day 3 – 6 hours 30 mins
- Day 4 - 6 hours 15 mins
- Day 5 – 6 hours 30 mins
- Day 6 – 5 hours
- Day 7 – 1 hour 45 mins
- Day 8 – 1 hour 30 mins

YCM Conflict Management and Mediation Initiative

@ycmindia_org

info@ycmindia.org

www.ycmindia.org

(+91) 7304844860